<u>Saint James Way - Stage from St. Jean PP to Roncesvalles</u> Cross the mountain range Pyrenees

Average walking time: Between 6 to 8 hours Roncesvalles / Oreaga **Roncevaux Abbev** With a load weighing rucksack of 8kg/17lb to 12 kg/26lb alt.944 m Leopoeder pass Ibaneta pass alt.1040 m alt.1410 m 2.30 h From Leopoeder pass there Depending on weather are two routes: conditions and - left roman route **GR 7** more From stone physical fitness: direct but very steep Cross to Pilgrims must decide on - right Ibaneta pass route GR12 Roncesvalles Shelter either the lower Valcarlos Abbey is longer but less steep road or the higher route Napoléon. Sometimes the **Stone** higher route can be very Water Cross dangerous. You could encounter stormy weather Bentarte pass alt.1340 m accompanied by snow 太 storm, strong wind, thick fog Camino leaves the and sometimes corridor 2.30 h road by a large stone avalanches. Cross. From Orisson to **Valcarlos** Stone cross Statue of virgin Mary Camino is on a quiet alt.1095 m Road until Valcarlos Auberge d'Orisson Arnéguy Alt 770m Ventas Xabi stores Bends trail Lower road 2.30 h Higher route Napoléon Kayola River Road From St Water **RESCUE tel 112** Jean PP to Orisson Honto alt.480 m 8.5 % Ferme Ithurburia 26 km average 1200 m of ascent slope 500 m of descent 6 % average slope 7 hours average walking time

By J.F Rabeux-Donamaria

St. jean PP/Donibane Garazi,

starting altitude 180 m